

Wellington High School 🐺

# Term 4

Volume 23 Issue 9





Ryan Miller—Hall Table



Harry Powyer- Coffee Table

Ryan and Harry have been working hard over the past year to plan and construct their HSC Major Projects for Industrial Technology – Timber Products and Furniture Technologies. They have both used a range of tools, machines and processes to complete their projects to a high level of achievement.

# **MUSIC EXCURSION 2019**

"On the 25th and 26th of September, 15 Music and Drama students travelled to Sydney for the annual Musical Excursion. This year the excursion went to the Opera House to see a performance of West Side Story and take a tour of this iconic building. The performance was engaging and students were amazed at the high level of staging, lighting, costumes, dancing and acting. The backstage tour of the Opera House was educational and entertaining, with the students learning about the building's history, the drama surrounding the architect and the fascinating way the arches were created. This is a wonderful excursion for students interested in the performing arts, thank you to all the ctudents and teachers involved who made this excursion a success." students and teachers involved who made this excursion a success.



# From the Principal's Desk

Principal: Mr Rod Cosier



Deputy Principal: Mrs Kirsten Parkes (Years 7, 9 &11)



### Mrs Jodie Gorrie



(Year 8, 10 &12)

TELEPHONE: 68452344 or 68452279 FAX: 68451380 PO BOX 21 WELLINGTON 2820

The Wellington High School Community Group meets at 6.00pm in the School Library Welcome back to Term 4. Our HSC students are around half way through their exams and most of them report that the papers have been challenging but fair. We are still seeing many of them returning to school to take advantage of the expertise and support offered by their teachers. I look forward to catching up with them all at their formal at the Civic Centre on the 15<sup>th</sup> of November.

At the other end of the spectrum, Year 7 2020 will be spending all day with us this Thursday to experience High School for the first time. This will be an exciting event for them and I know Mr Cochran (Year Advisor) and the rest of the staff involved have prepared some great activities for the day.

Our international travellers have returned from Spain and all have reported how fantastic the trip was. They certainly had a full itinerary over the 12 days and the photos they have brought home will provide them with lifelong memories. I would like to thank Mrs George and her team of Miss Bolton, Mr Price, Miss Hawkins and Mrs Milgate who took such great care of them throughout the trip.

Monday will see the commencement of the junior examinations with Stage 5 next week and Stage 4 the following week. I hope all students are revising their work and seeking guidance from their teachers.

Our students who are in the School Spectacular are becoming very excited as the performances are only weeks away. We are also offering an opportunity for students who were unlucky to miss out on performing, to attend a matinee performance on the Friday of that week. If you would like to attend, catch up with Mrs Offner as soon as possible as seats are limited.

A worrying trend has developed with some students who are continually arriving late at school each morning. It is compulsory for all students to attend school every day and it is important that they arrive on time and ready for work. I would ask parents and carers to ensure that these goals are met and if students are absent they supply an explanation to the front office.

Rod Cosier <u>Principal</u>

# **REAL MADRID TRIP 2019**

20 Wellington High School students along with Mrs George, Mr Price, Ms Hawkins, Ms Bolton and Mrs Milgate (WPS) travelled to Spain in the October school holidays as part of the Real Madrid Sports Foundation. During the trip they were treated to guided tours to Madrid, Segovia, The Imperial city of Toledo and the Real Madrid Sports City. They watched a soccer matche at Santiago Bernabeu Stadium, and played matches against Real Madrid Foundation's Social Sports Schools of "Luis Aragones" and "Valdebernardo". The students also were able to train at Real Madrid Sports City (Valdebebas). The students and staff also got to be tourists on their trip, riding Diverbikes around Retiro Park, visiting Reina Sofia Museum and enjoying time at an Amusement Park along with a picnic.

Real Madrid's training facilities are world class. Their training facilities include 10 synthetic and grass pitches, apartments for all of their first team players and a small stadium for their reserve grade and women's matches. Each player is given a brand new Audi each year which they are to drive to training every day. On arrival into the training facility each plyer has their own car park close to their apartment. Before every match, home and away, the players stay the night in their apartment at the training complex. This level of professionalism from the club far exceeded anything we had seen before.























# FOOD TECH





Thank you to those who voted for the best decorated cake on the schools Facebook page. Ms Gibbons and I had a lot of fun challenging our skills in the cake decorating department and were amazed by the voting, thank you. Here are some sneaky pictures of the students' first attempt before their Assessment Task in a few weeks, looking forward to their creative masterpieces. Happy cooking! Mrs Stevenson

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# Bake Sale

# YEAR 9 & 10 FOOD TECH STUDENTS

If you missed out on the My Food Truck Rules treats, here is your chance to pick up some goodies for Christmas.

\*Note - all items are baked with quality ingredients and come prepackaged. You can keep all items in the freezer for Christmas with the family or add a gift tag for someone special.

Preorders available - See front office for order form and payment.

# Items for sale Caramel Slice Tim Tam Balls Gingerbread (decorated) Mars Bar Slice Rocky Road

# Friday 6th December 2019



# www.schoolatoz.com.au



# Too sick for school?

Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	Antibiotics may be needed.		
<b>Chickenpox</b> (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	, for 5 days from the onset of the rash and the blisters have dried.		
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.		
<b>Diarrhoea</b> (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	, for at least 24 hours after diarrhoea stops.		
Fever	A temperature of 38.5°C or more in older infants and children.	A until temperature is normal.		
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	, for at least 24 hours after diarrhoea and/or vomiting stops.		
<b>German measles</b> (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	, for at least 4 days after the rash appears.		
<b>Glandular Fever</b> Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	unless they're feeling unwell.		
<b>Hand, Foot and Mouth Disease</b> HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	🦗 until all blisters have dried.		
<b>Hayfever</b> Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	unless they feel unwell or are taking a medication which makes them sleepy.		
<b>Head lice or nits*</b>  Pediculosis	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	while continuing to treat head lice each night. Tell the school.		



Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	<ul> <li>for 2 weeks after first symptom (or 1 week after onset of jaundice).</li> <li>Contact your doctor before returning to school.</li> </ul>		
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	if they have symptoms. Contact your doctor before returning to school. (infection (not the first outbreak) and no symptoms.		
<b>Impetigo</b> (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	until antibiotic treatment starts. Sores should be covered with watertigh dressings.		
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	🧟 until well.		
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	for at least 4 days after the rash appears.		
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.		
Molluscum Contagiosum	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	۵		
Mumps	Fever, swollen and tender glands around the jaw.	for 9 days after onset of swelling.		
<b>Ringworm</b> * (tinea corporis]	Small scaly patch on the skin surrounded by a pink ring.	for 24 hours after fungal treatment has begun.		
Runny nose or common cold		unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.		
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	until 24 hours after treatment has begun.		
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.		
<b>Slapped Cheek Syndrome</b> (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	as it is most infectious before the rash appears.		
<b>Whooping Cough</b> (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.		
<b>Worms</b> (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	and tell the school as other parents will need to know to check their kids.		

\*It is important that the rest of the family is checked for head lice, scabies and ringworm



# <u>Wellington High School</u> <u>Uniform</u>

- All Uniforms are to be ordered at the school office and be placed by Friday 22nd November 2019.
- Summer Uniform— Navy mid-thigh length shorts with WHS polo shirts for both boys and girls.
- Winter Uniform— Navy track pants with WHS polo shirt and WHS jumpers.

# Appropriate shoes or leather boots are to be worn for Ag, Food Technology, Industrial Arts, Science and any other subject where protection is required.

The shorts are to be plain navy with **NO** logos or piping. They can be Canterbury that can be purchased from the school office or any other brand.

The girls can also wear tailored navy shorts. These can be purchased from the school office. The uniform is the same for boys and girls.











Seniors can wear the plain white shirt in Years 11 and 12.

Plain navy skirts can also be worn by the girls. These can be purchased at the school office.

The boys can also wear plain grey shorts in summer, or long grey pants in winter.

Phone calls will be made home if students are found to be wearing inappropriate uniform.

Thank you in advance of your co-operation.

Date	
Student Name	
Year	
Contact Number	

Uniform List				Order		
Item Description	Sizes	\$ Ite	\$ Item		Qty	Total \$
Navy Canterbury Shorts	(12-16, S-3XL)	\$	25.00			
Sports Polo (Navy/White)	(8-14,XS-XXXL)	\$	25.00			
Polo Sky Blue (Junior)	(6-16,S-XXXL)	\$	25.00			
Polo White (Senior)	(6-16,S-XXXL)	\$	25.00			
Hoodie	(6-14,XS-XXXL)	\$	40.00			
Hoodie – With Zip	(6 -14,XS-XXXL)	\$	40.00			
Metro Shirt Sky Blue (Junior)	(6-26)	\$	48.00			
Metro Shirt White (Senior)	(6-26)	\$	48.00			
Open Neck Shirt Sky Blue (Junior)	(6-26)	\$	25.00			
Open Neck Shirt White (Senior)	(6-26)	\$	25.00		N	
Girls						
Navy Tailored Shorts	(6-16,8A-20A)	\$	30.00		94-	
Navy Pants Straight	(6-16,8A-20A)	\$	36.00			
Navy Pants Bootleg	(6-16,8A-20A)	\$	36.00			
Navy Skirt	(2A-24A)	\$	30.00			
Boys						
Grey Cargo Shorts	(6-16,S-XXXL)	\$	28.00			
Grey Cargo Pants	(6-16,S-XXXL)	\$	34.00			
Sale Items While Stocks Last						
Navy Sports Zip Jacket	10 & 12 Only	\$	5.00			
Sky Blue & White Polo	Limited Sizes	\$	5.00			

Please note that a 50% Deposit (Cash, Cheq or EFTPOS) is required at the time of ordering. Full payment must be received prior to collection of the order. Please talk to the office staff if you would like to organise a payment plan or if you would like to pay by direct deposit.

0	ffice Use Only
X Sundry Receipt	Order Total
X Invoice No	Deposit
	AmountOwing
Ordered	Notes
Received	
Collected	

# **SHOOSH** FOR KIDS 11 - 17 November 2019

sport.nsw.gov.au/shooshforkids

Join the Office of Sport, Sport NSW, State Sporting Organisations and grassroots clubs across the state for Shoosh for Kids, the initiative promoting positive spectator behaviour at junior sport. Visit our website to sign up, gain access to posters, social media posts and more and let your members know where you stand on poor spectator behaviour.

# Let's keep kids coming back to junior sport!

Shoosh for Kids is proudly supported by:



# **Important Announcement**

Supervision will only begin for students at 8:30 am each morning. When students arrive they are to immediately dismount any pushbikes or scooters.

When leaving school, students are only permitted to leave through the side gates due to safety reasons.

### Visiting the School

All parents and visitors are reminded that they must first report to the administration office. This is a legal requirement and necessary to ensure your child's safety. Parents should not wander into the school grounds and visit students or staff in the playground, classrooms or staffrooms.

**Parents Picking Students Up after School** 

Due to a safety issue of students moving out from between buses, the following has been put into place after the school day.

 Students catching buses are to wait under teacher supervision in the allocated bus area at the front of the school. Students who are walking home or being picked up should leave via the side entrances of the school. Please make a meeting place in either Arthur Street or Simpson Street if you are collecting your student.

Parents are asked to please follow the school's policy of picking students up at the side gates and not at the front of the school. This is a safety issue.

Entry to School Grounds Outside School Hours

Members of the school community are asked to note that school grounds are covered by the Enclosed Lands Act. As such, outside of school hours students and community members must have explicit permission from the Principal to be on the school grounds.

# MATH LAB

- Do you need help with Math homework?
- Have troubles with Math Assignments
- Want to improve your classwork?

Come along to the MATH LAB, Thursdays afternoons in Lab 3. Be there or be squared!!





The Year 12 students of Wellington High School have commenced their HSC exams, along with thousands of other students from across New South Wales.

There are 27 Year 12 students taking part in the exams, which commenced on October 17 and will run over a five week period.





# TERM 4 2019

	<u>MONDAY</u>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 2 A	21/10 YR 7 Immunisations	22/10	23/10	24/10	25/10
WEEK 3 B	28/10	29/10	30/10 Legal Studies Excursion	31/10 YR 6 TRANSITION DAY Legal Studies Excursion	01/11
WEEK 4 A	4/11 Stage 5 Examinations	5/11 Stage 5 Examinations	6/11 Stage 5 Examinations	7/11 Stage 5 Examinations	8/11 Stage 5 Examinations
WEEK 5 B	11/11 Stage 4 Examinations	12/11 Stage 4 Examinations	13/11 Stage 4 Examinations	14/11 Stage 4 Examinations	15/11 YEAR 12 FORMAL Stage 4 Examinations
WEEK 6 A	18/11	19/11 School Spec Choir	20/11 School Spec Choir	21/11 School Spec Choir	22/11 School Spec Choir School Spec Matinee
WEEK 7 B	25/11 Yr 6 Support Transition	26/11	27/11 ATO Tax Talk	28/11 VALID YR 8	29/11
WEEK 8 A	02/12	03/12	04/12 Stage 4 & 5 Excursion	05/12 Stage 4 & 5 Excursion	06/12 Stage 4 & 5 Excursion
WEEK 9 B	09/12 Yr 6 Support Transition	10/12	11/12	12/12	13/12
WEEK 10 A	16/12	17/12 END OF YEAR ACTIVITIES	18/12 END OF YEAR ACTIVITIES Student's Last Day!	19/12 Staff Development Day	20/12