



# Wellington High School

Term 4-Week 2 Volume 22-Issue 11

## Music Excursion



On the 26th and 27th September 2018 students travelled to Sydney to experience a professional music production and a tour of the Opera Centre. This year, students went to the Capitol Theatre to see "Jersey Boys", a musical about Frankie Valli and the Four Seasons. The lights, sounds and amazing sets/costumes amazed all and the talent of the performers inspired the students.

The tour of the Opera Centre was interesting and enlightened the students about how much effort and how many areas have to come together to create a show. They saw props and sets, saw how costumes and hats are made and saw the rehearsal studios where singers/actors practice and rehearse for their many roles in Opera Australia's busy 2018 show season. This was a wonderful experience for all students.

## From the Principal's Desk

**Principal:**  
**Mr Rod Cosier**



**Deputy Principal:**  
**Mrs Kirsten Parkes**  
(Years 8, 10 & 12)

**Mrs Jodie Gorrie**  
(Year 7, 9 & 11)

**TELEPHONE:**  
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**68452279**  
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**PO BOX 21**  
**WELLINGTON 2820**

**Parent Group**  
**meets at**  
**6.00pm in the**  
**School Library**  
**every 3rd Tuesday**  
**in the month.**

**President:**  
**Kaylene Brien**

**Secretary:**  
**Judy Grasnack**

Term 4 has already lived up to its reputation as the busiest one of the year, with a number of excursions already held and many more to come.

Last week the Year 11 PDHPE and CAFS classes ventured to Homebush in Sydney to engage in an educational program run in association with the Invictus Games. It was a great learning experience and the games competitors certainly proved to be an inspiration to our students. Thank you to Mrs George and Mr Price for organising and supervising the excursion.

Our Open Girls cricket team has also played their next match with a thumping win over Dubbo Senior Campus last Wednesday. The girls go on to meet Condobolin in the next round.

The junior examinations are set to begin next week with Year 9 and 10 commencing on Monday and the rest following in weeks 5 and 6. I do encourage all students to prepare well for these important examinations in order to produce their best results.

Our Year 12 students are continuing their HSC which commenced on the first Thursday this term and they are all looking forward to the final exam which takes place at the end of next week. We wish them all the best.

The Stage 4 and 5 annual excursions are rapidly approaching and I would remind all students that payment for these excursions should be finalised as soon as possible. If there is a problem, please don't hesitate to contact me so we can ensure that every one who wishes to attend has that opportunity.

These excursions promise to be very exciting and memorable events and I have been informed that we still have some places available in both excursions. Contact the Year Advisers if you wish your children to attend.

Our School Spectacular participants are getting very excited as the show will take place at the end of week 6 at Homebush. Rehearsal will take place during that week in Sydney before the shows on that weekend. We are very proud of our representatives in this major event. Don't forget that we need all students attending everyday if we are to provide the type of education they need to succeed in their future.

Rod Cosier  
Principal



# ENGLISH COMPETITION RESULTS 2018



Twenty three students participated in this year's English Competition. This prestigious competition is conducted by UNSW Global. Owned by the University of New South Wales, UNSW Global is recognised nationally and internationally as a leading specialist in school assessments. Over one million students participate each year, from over seven thousand schools. The English Competition requires students to demonstrate a deeper, integrated and thorough level of learning. Our participating students were awarded: 2 Distinctions, 4 Credits, 4 Merits and 13 Participation Certificates. The English Faculty is very proud of the following students who opted to participate and their respective achievements.

DISTINCTION	CREDIT	MERIT	PARTICIPATION
Deanna Dunshea (Yr 12)	Harry Broome (Yr 12)	Georgia Hammond (Yr 11)	Ryan Miller (Yr 11)
Thomas Hawke (Yr 9)	Caitlin Playford (Yr 12)	Heidi Parkes (Yr 11)	Elliott McMahon (Yr 11)
	Kuhailan Jones (Yr 12)	Elizabeth Eather (Yr 11)	Brianna-Lee McGovern (Yr 11)
	Stevie Poulton-Fluke (Yr 11)	Hunter Anderson (Yr 7)	Georgia Knijff (Yr 11)
			Tyra King (Yr 11)
			Maddison Hillard (Yr 11)
			Kaine Goodlad (Yr 11)
			Arki Lewsam (Yr 10)
			Hannah Petrovic (Yr 9)
			Isabella Leggett (Yr 9)
			Alicia Thompson (Yr 9)
			Samantha Thompson (Yr 9)
			Sophie Calocouras (Yr 9)

**community NITRO ATHLETICS**  
**IS COMING TO WELLINGTON**

Team Based athletics event combining strength, endurance and power

Teamwork and tactics are key!

Mixed teams of 6 athletes

Unique events including Vortex Throw, Elimination 800m and Medley Relay

Age Groups: Primary School (Y4-6)  
High School (Y7-8) or Y9+ and Seniors

**PRIZES TO BE WON!**

Location: Rygate Park, Wellington  
Date: 2<sup>nd</sup> November 2018  
Time: 6pm - 8.30pm

Grab your friends and put a team together!

Contact: Kate Kiss on [katieferg@hotmail.com](mailto:katieferg@hotmail.com) for more information.



**GULGONG FOLK FESTIVAL**  
29 - 31 DECEMBER 2018

**HIGHLANDER**  
**SANCHA & THE BLUE GYPSIES**  
**DEN HANRAHAN**

Steel City Sue  
Reeling Rosie  
Stringline  
and many more great acts

workshops markets blackboard concerts sessions  
busking poetry dorm accommodation camping  
John Dengate political parody songwriting competition  
Steinway piano recital

Tickets available at [trybooking.com](http://trybooking.com)  
[www.gulgongfolkfestival.net.au](http://www.gulgongfolkfestival.net.au)

Like us on Facebook!

## **PDHPE PRACTICAL ASSESSMENTS – TRADITIONAL INDIGENOUS GAMES (TIG)**

All students in Years 7-10 are completing their Term 4 Practical Assessment Tasks during Week 3 and Week 4. This task is being used to assess the relevant outcomes relating to Movement, Skill and Performance with links to our Indigenous cultures. All years participated in TIG games during PE last term, instructed by their teachers, and the students are now demonstrating their abilities to deliver opportunities for participation on their own.

The task involves students using their PD lessons to research a TIG game which is appropriate for their class. They are required to submit a lesson plan and prepare and deliver their lesson to their peers during PE. This delivery includes a description of the activity, an explanation of how the game is played and a demonstration, before inviting their peers to participate in their game. The students are then responsible for umpiring their chosen activity and encouraging the class to be actively involved.

At the completion of their lesson, students are required to complete an evaluation to submit for marking. The process is new to many of our students although it has been working well with many students giving their best efforts. The PDHPE staff have been impressed with the way most students are approaching this assessment with a positive attitude and encourage others to embrace the experience also.





# INVICTUS GAMES

Inclusion – Resilience – Service: Invictus Games 2018

Adversity doesn't build character; adversity shows your true character. This statement from Lorin Nicholson was one of the most powerful comments we heard on our trip to the Invictus Games. Lorin is renowned author, songwriter and businessman. He only has 6% of vision leaving him only able to see some shapes and colours. Lorin credits a great deal of his success with the adversity he has faced in his life and is adamant that he wouldn't be the person he is today without being blind. The message was clear; see a person's ability not their disability.

The crowd were quizzed with what they thought the most difficult thing about being blind was. Answers like "not being able to see your loved ones smile" and "not knowing where you are going" were the most common answers. The answer Lorin gave the crowd was much more powerful than these. The one thing above all others that Lorin said was the difficult thing about being blind was how others treated him. This drew a tear from most of the students in the crowd. The athletics meet at the Invictus Games was like every other professional athletics meet with one main exclusion. To start each race the crowd were asked to be silent and the starter would begin the race with a gentle beep rather than the traditional starting pistol. The sobering reason for this is that sound of the starting signal can replicate the sound of battle that many of the competitors have endured which can bring back awful flash backs for those who have post-traumatic stress.

Camaraderie is in an important aspect of day to day life in the military. There were several examples of camaraderie that we witnessed at the Invictus Games. In two separate races competitors at the rear of the race waited for other athletes to catch up so they could finish the race together. Finishing the race and helping one another was more important than individual success. On one occasion two French 1500m runners with prosthetic legs held hands for the last 100m and supported each other to cross the line at the same time. This received the loudest cheer of the day.

To get a feel for how people manage with missing limbs we undertook a challenge to build our own prosthetic leg and were challenged to walk 4 metres with it. Each table were given different amounts and types of household equipment to build their new legs. The differing amount replicated the fact that not everyone has access to the same amount of resources and people in less privileged countries than ours often must build their own prosthetic limbs from the resources available to them.

We finished the trip with some down time in the city. Tyra was proposed to by a street performer, Bianca, Mr Price and Tyra were involved in a separate street performance where chainsaws and fire sticks were being juggled. The late train ride back to our accommodation provided us some time to reflect on what we had experienced for the day and to be grateful for how lucky we truly are.



### Peter Malcolm Workshop

During Term 3 and 4 local artist Peter Malcolm has been working with Year 9 student Courtney Cummings with her art making. The three workshops involved Courtney learning the skills of painting and colour composition that Peter uses in his own work. Peter works in a style similar to the Australian impressionists, and showed Courtney how to organise her work, mix colours and develop her painting skills.

Courtney has shown enthusiasm for her painting during Year 9 creating a series of portraits using mixed materials. Her work has been displayed at the Wellington Show and Unearthed Festival at Gulgong in 2018.

The workshop with Peter Malcolm was a prize that Courtney won at this year's Wellington Show for her best overall exhibit in the junior section. The prize that Wellington Show Society awarded was funded by the Wellington Arts Centre. Wellington High School would like to thank these community groups for their assistance in developing the art skills of our students.



The High School is contributing to the Samaritan's Purse Christmas Box appeal for October. We have been asking the students to make contributions towards creating some Christmas happiness for girls and boys in disadvantaged countries. If they could bring in their contributions in the next week for a girl or boy ages: 2-4; 5-9; or 10-14. The shoe boxes are very small, so small items are all that are needed. Thank you in anticipation.





# Marie Cornish Shield

Wellington vs Dubbo Senior: Girl's Cricket 24<sup>th</sup> October 2018

Wellington High School has progressed to the 3<sup>rd</sup> round of the Marie Cornish Shield after a convincing win over Dubbo Senior Campus. The result pleased the coach as this was the team who knocked us out of last year's competition.

Having won the toss our side took the unusual tactic of bowling first which proved to be the right decision. Dubbo's opening batters were settling in well at 0-14 after 4 overs before Giaan Cubby struck. A steady flow of wickets then followed as Dubbo were bowled out for 57 in the 22<sup>nd</sup> over. Jacqui Ryan, Giaan Cubby and Amali McNeil were the main wicket takers in a strong bowling display.

Captain Bianca Douglas scored a quick fire 34 not out to steer the Wellington side to victory in the 10<sup>th</sup> over of the game. She was well supported by Heavenly Dwyer who opened the batting and chipped in with 10 runs.

Wellington will now host Condobolin in the next round of the competition which is due to be played by mid November.



## NSW ALL SCHOOLS ATHLETICS CHAMPIONSHIPS

Shiralee Thurlow travelled to Homebush during week 10 Term 3 to compete at the NSW All Schools Athletics Championships. At the NSW All Schools, as the name implies, all students from State, Catholic and Independent schools attend these championships. She performed exceptionally well placing 2<sup>nd</sup> in the 200m in the 15 years age group, while she is only 13. What an outstanding achievement!

Shiralee said that she loved running against the other competitors, however she did not like waking up so early and going to bed so late. She may have the opportunity to compete at Nationals. News of this will follow.



## UNIFORM ORDERS

Wellington High School actively promotes the wearing of school uniform. The following information will assist you with the organisation of appropriate and correct uniform for your child.

In addition to our regular uniform, the sports polo shirt, when worn with **navy** shorts, track pants, tailored pants or skirt is acceptable. We do ask however, when students are representing the school in activities **other than sporting ones**, that they wear formal uniform.

The school holds sizing samples for trying on, to ensure correct fit. You and your child can access this service every afternoon from 2:45 – 3:15 pm at the Front Office.

Please note that a 50% deposit (cash or cheque) is required upon ordering, with the balance paid **prior** to collection. Please talk to the office staff if you would like to organise a payment plan, or we have eftpos.

To ensure your order is included in the final uniform order for 2018, they need to be placed through the Front Office by **Friday, 23<sup>th</sup> November** (end of Week 6).

Feel free to contact the school with any queries on 6845 2344.





## UNIFORM PRICE LIST

Uniform List		
Item Description	Sizes	\$ Item
Sports Polo (Navy/White)	( 8-14,XS-XXXL)	\$ 25.00
Polo Sky Blue (Junior)	(6-16,S-XXXL)	\$ 24.00
Polo White (Senior)	(6-16,S-XXXL)	\$ 24.00
Hoodie	(6 -14,XS-XXXL)	\$ 40.00
Hoodie – With Zip	(6 -14,XS-XXXL)	\$ 40.00
Metro Shirt Sky Blue (Junior)	(6-26)	\$ 48.00
Metro Shirt White (Senior)	(6-26)	\$ 48.00
Open Neck Shirt Sky Blue (Junior)	(6-26)	\$ 25.00
Open Neck Shirt White (Senior)	(6-26)	\$ 25.00
<b>Girls</b>		
Navy Tailored Shorts	(6-16,8A-20A)	\$ 30.00
Navy Pants Straight	(6-16,8A-20A)	\$ 36.00
Navy Pants Bootleg	(6-16,8A-20A)	\$ 36.00
Navy Skirt	(2A – 24A)	\$ 30.00
<b>Boys</b>		
Grey Cargo Shorts	(6-16,S-XXXL)	\$ 28.00
Grey Cargo Pants	(6-16,S-XXXL)	\$ 34.00
<b>Sale Items While Stocks Last</b>		\$
Navy Sports Zip Jacket	10 & 12 Only	\$ 5.00
Sky Blue & White Polo	Limited Sizes	\$ 5.00



## TERM 4 2018

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>WEEK 2 A</b>	22/10	23/10	24/10	25/10 INVICTUS GAMES— 11CAFS and PDHPE	26/10 INVICTUS GAMES— 11 CAFS and PDHPE
<b>WEEK 3 B</b>	29/10	30/10 State Wide Conference for Aboriginal Women	31/10 State Wide Conference for Aboriginal Women	01/11 State Wide Conference for Aboriginal Women	02/11
<b>WEEK 4 B</b>	05/11 Stage 5 Examinations	06/11 Stage 5 Examinations	07/11 Stage 5 Examinations	08/11 Stage 5 Examinations	09/11 Stage 5 Examinations
<b>WEEK 5 A</b>	12/11 Stage 4 Examinations	13/11 Stage 4 Examinations	14/11 Stage 4 Examinations	15/11 Stage 4 Examinations	16/11 Stage 4 Examinations
<b>WEEK 6 B</b>	19/11	20/11	21/11	22/11	23/11
<b>WEEK 7 A</b>	26/11	27/11	28/11	29/11	30/11
<b>WEEK 8 B</b>	03/12	04/12	05/12 END of YEAR EXCURSION	06/12 END of YEAR EXCURSION	07/12 END of YEAR EXCURSION
<b>WEEK 9 A</b>	10/12	11/12	12/12	13/12	14/12
<b>WEEK 10 B</b>	17/12 PRESENTATION NIGHT	18/12	19/12 STUDENTS LAST DAY	20/12	21/12